

## Key Changers Programme 2025

Day	Date	Description
Day 1	16th January 2025	The context of Community Music in Practice. Musical warmups. Philosophy of inclusion – identifying and dismantling barriers. Developing safe and creative spaces Facilitating creativity in an ethical framework.
Day 2	17th January 2025	<b>ASPIRE</b> acronym to explore the big picture and detailed approach to planning workshops:  <b>Aims</b> – personally, socially, musically <b>Structure</b> – timing, pacing etc <b>People</b> – those in the room and those outside affected. Ensuring engagement and working with partners <b>Ideas</b> – creative ideas, starting points, repertoire <b>Resources</b> – musical and other <b>Environment</b> – physical, psychological
Day 3	14th February 2025	Musical Exercises - group games. Song-writing exercises. Building a musical toolbox: Improvisation based.
Day 4	15th February 2025	Participants co-lead / work in pairs: Using the Aspire model. Development of musical games/warm ups.
Day 5	13 <sup>th</sup> March 2025	Organisational development. Registers/data management and fundraising. How to develop your creative practice. Insurance and basic accountancy.
Day 6	14 <sup>th</sup> March 2025	Drumming. Using rhymes and different rhythms. How to build multi-rhythm pieces.  Witness session 1 Community Musician shares their story. Q&A.
Day 7	24th April 2025	Skills audit –Personal development, what else is needed to develop the ‘musical tool box’.  Witness session 2: Community Musician shares their story. Q&A.

Day 8	25th April 2025	<p>Reflecting on what else is needed - More exercises – adding skills from Day 7.</p> <p>Placements for those who are wanting to practice in a live setting.</p>
Day 9	16th May 2025	<p>Group and one to one reflection on how the placements have gone. Adding extra skills/leadership reflections.</p>
Day 10	6 <sup>th</sup> June 2025	<p>Peer reflection and future plans.</p> <p>Ongoing personal/professional development and adding extra skills where needed.</p> <p>Evaluation/Graduation.</p>